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the horrors of his first days and get some sort of general outlook on the outcome of the war.

America has been prodigal of assistance to the sufferers of the war; but though she has poured money in unceasing streams, she has done nothing so fine as this giving of individual service by her citizens.

SPEAKING OF OPERATIONS. By Irvin S. Cobb. George H. Doran Company. New York. Price 50 cents.

As an antidote to a long and continuous course of the serious side of nursing, nothing could surpass Irvin Cobb's "perfectly painless" narrative of his own experience in the operating room and the hospital.

Besides a completely renovated body, Mr. Cobb appears to have brought away from the hospital a great big asset, to wit, a topic of never failing interest in general conversation and of considerable value as material wherewith to build a book which shall not only lure half dollars from the public, but will buck up timorous souls who have to face the experience which he has so delightfully turned to profit for himself and his publisher.

DIET FOR CHILDREN. By Louise E. Hogan. Author of *How to Feed Children*, *A Study of a Child*, *The Introduction of Domestic Science in the Schools of New York City*, U. S. Government Bulletin No. 56, *Timely Hints for Mothers and Nurses*, *The Child in Sickness and Health*, etc. Bobbs Merrill Company. Indianapolis, Ind. Price 75 cents.

The sub-title of this book is its best description: "A complete system of nursery diet, with numerous receipts; also many menus for young and older school children. A home and school guide for mothers, teachers, nurses and physicians." No question presents more difficulty in the safe-guarding of childhood than diet. The mean between foolish and criminal indulgence and a diet restricted to monotony seems to be hard to find. Mrs. Hogan's book tends to clear away much of this difficulty and to make the task at once easier for parents and guardians and more acceptable to children.

She makes a point of early educating the palate. A common error is to teach a child to like, and later, crave, sweets and unwholesome foods, thus the taste is perverted from those articles of diet which are of most value to nutrition. Another point is care in the selection and preparation of food. Oatmeal porridge and cream, when it is properly prepared and served, is a dish for kings, but served as at the school where Jane Eyre and her schoolmates turned from it in disgust, it is only fit for animals.

"There has been reproach cast upon those who are responsible for the proper rearing of children," Mrs. Hogan says, and quotes in this connection Sir Henry Thompson, Herbert Spencer and Froebel. She is determined that none shall call her to account and mothers and nurses do well to follow her.

ROADSIDE GLIMPSES OF THE GREAT WAR. By Arthur Sweetser. The Macmillan Company, New York. Price \$1.25.

This is a story of the early days of the war as seen by a war correspondent who started out "on his own," with no controlling home paper, little or no protection from any particular country, content to take whatever luck and the fates might send. Needless to say, his experiences were many and varied and although his adventures came near to being serious more than once, luck never deserted him. He was arrested by the Germans who treated him fairly when they found him willing to chop wood, peel potatoes and obey orders generally. Later he was a prisoner of the French, released and later arrested again as a spy, and again released. Finally, after witnessing Belgium's hopeless heroism under betrayal and espionage, corruption and treason, and "with a heart almost bursting with grief, sympathy and veneration," he took himself to the comparative peace of England and sailed for home.